

CENTRAL ELEMENTARY SCHOOL

Breakfast October 2017

2
Orange Glazed Whole Grain Cinnamon Roll
Pumpkin Spiced Glazed Doughnut
Assorted Cereals & Muffins
Whole Grain Toast
Milk

3
Breakfast Wrap w/ Chicken Nuggets & Cheese
Cherry Frudel
Assorted Cereals & Muffins
PBJ Graham Cracker
Milk

4
Pancake Melt w/Egg, Chicken "Ham" & Cheese
Cinnamon-Sugar Donut Holes
Assorted Cereals & Muffins
Milk

5
Breakfast Pizza
Apple Frudel
Assorted Cereals & Muffins
PBJ Graham Cracker
Milk

6
COUNTY INSTITUTE ...
NO SCHOOL!

9
COLUMBUS DAY...
NO SCHOOL!!

10
Breakfast Corn Dog (Chicken)
Cherry Frudel
Assorted Cereals
Assorted Muffins
PBJ Graham Cracker
Milk

11
Egg, Chicken "Ham" & Cheese Sandwich
Donut Holes w/ Powdered Sugar
Assorted Cereals & Muffins
Whole Grain Toast
Milk

12
Chicken & Biscuit Sandwich
Apple Frudel
Assorted Cereals & Muffins
PBJ Graham Cracker
Milk

13
Breakfast Pizza
Glazed Donut w/ Lucky Charms Topping
Assorted Cereals & Muffins
Whole Grain Toast
Milk

16
Apple Bosco Stick
Chocolate Glazed Donut
Assorted Cereals & Bagels
Whole Grain Toast
Milk

17
Egg, Turkey Bacon & Cheese Sandwich
Cherry Frudel
Assorted Cereals & Bagels
PBJ Graham Cracker
Milk

18
Cinnamon Roll w/ Orange Glaze
Chocolate Donut Holes
Assorted Cereals & Bagels
Whole Grain Toast
Milk

19
Breakfast Taco w/ Tater Bites
Apple Frudel
Assorted Cereals & Bagels
PBJ Graham Cracker
Milk

20
Whole Grain Pancakes
Glazed Donut w/ Cocoa Puff Topping
Assorted Cereals & Bagels
Whole Grain Toast
Milk

23
Chicken & Biscuit Sandwich
Maple Glazed Donut
Assorted Cereals & Muffins
Whole Grain Toast
Milk

24
Whole Grain Pancakes
Cherry Frudel
Assorted Cereals & Muffins
PBJ Cracker
Milk

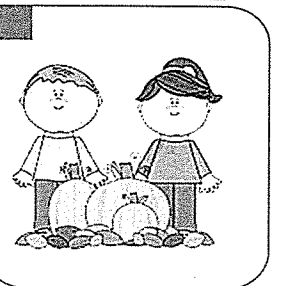
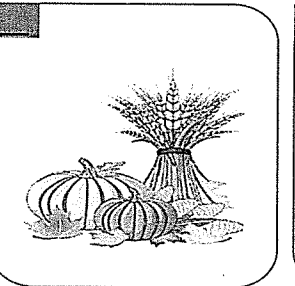
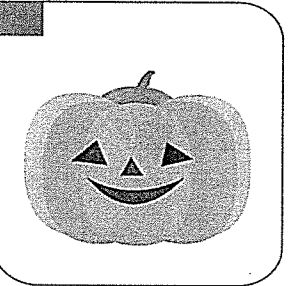
25
Breakfast Pizza
Cinnamon-Pumpkin Donut Holes
Assorted Cereals & Muffins
Whole Grain Toast
Milk

26
Cheese Bosco Stick
Apple Frudel
Assorted Cereals & Muffins
Whole Grain Toast
Milk

27
NO SCHOOL!

30
Whole Grain Pancakes
Cinnamon-Sugar Donut
Assorted Cereals & Bagels
Whole Grain Toast
Milk

31
Egg, Turkey Bacon & Cheese Biscuit
Cherry Frudel
Assorted Cereals & Bagels
PBJ Graham Cracker
Milk



Served Daily....
Variety Pop Tarts, Yogurt W/Graham Crackers and Fresh Fruit.
Student Breakfast \$1.00
Adult Breakfast \$1.40
Milk \$.55

SPECIAL NEWS for OCTOBER:
PARENT/TEACHER CONFERENCES
AFTER SCHOOL, OCTOBER 25TH & 26TH

ARAMARK OFFICE 618.632.3507, ext 1695

Menu subject to change.

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