

Central 104 Breakfast Menu

November 2018







Banana Muffin Bacon Egg Cheese Flatbread **Assorted Cereal** Pick Two Option

> Fresh Banana **Diced Pears**

Oatmeal Raisin Benefit Bar

Sausage Egg Breakfast Burger w/BBQ Salsa **Assorted Cereal** Pick Two Option

> Raisins **Diced Peaches**

French Toast Sticks Chicken Patty Breakfast Sandwich **Assorted Cereal** Pick Two Option

> Fresh Apple Diced Pears

Vanilla Glazed Donut

Cheesy Ham & Egg Pancake Panini **Assorted Cereal** Pick Two Option

Fresh Orange Wedges Mixed Fruit

Chocolate Chip Breakfast Round

> Cheese Bosco Stick **Assorted Cereal** Pick Two Option

> > Fresh Grapes **Applesauce**

Blueberry Bagel

Egg English Muffin **Assorted Cereal** Pick Two Option

> Fresh Banana **Diced Pears**

Biscuit & Gravy

Egg & Cheese Bosco **Assorted Cereal** Pick Two Option

> Raisins **Diced Peaches**

12

No School

Veteran's Day

13

Blueberry Muffin

Chicken Patty Breakfast Sandwich **Assorted Cereal** Pick Two Option

Fresh Orange Wedges Mixed Fruit

14

PBJ Bar

Egg Omelet w/ Tater Tots & Toast Assorted Cereal Pick Two Option

> Fresh Grapes Applesauce

15

Maple Glaze Donut Sausage & Cheese Muffin

Assorted Cereal Pick Two Option

> Fresh Banana **Diced Pears**

16

Cherry Frudel

Egg & Cheese Bosco **Assorted Cereal** Pick Two Option

> Raisins **Diced Peaches**

French Toast Sticks Sausage, Egg & Cheese

Bagel Assorted Cereal Pick Two Option

> Fresh Apple Diced Pears

20

Orange Glaze Cinnamon Roll

Biscuit & Gravy Assorted Cereal Pick Two Option

Fresh Orange Wedges Mixed Fruit

21

No School

Thanksgiving Break!!

22

No School

Thanksgiving Day!!

23

No School

Thanksgiving Break!!

Apple Frudel

Egg & Cheese Biscuit Assorted Cereal Pick Two Option

> Fresh Apple **Diced Pears**

27

Guavalito

Egg & Cheese Bagel Assorted Cereal Pick Two Option

Fresh Orange Wedges Mixed Fruit

28 Apple Cinnamon Muffin

Egg Omelet w/ Tater Tots & Toast Assorted Cereal Pick Two Option

> Fresh Grapes **Applesauce**

Waffles w/ Syrup

Cheesy Ham & Egg Pancake Panini **Assorted Cereal** Pick Two Option

> Fresh Banana **Diced Pears**

Powdered Sugar **Donut Holes**

Breakfast Pizza Assorted Cereal Pick Two Option

Raisins **Diced Peaches**

Pick Two Options: Pick Two Items and add a fruit to make a meal.

Cinnamon or Strawberry Poptart Strawberry Banana Yogurt

String Cheese

Bug Bites

Daily Offerings

100% Fruit Juice Fresh Fruit

Fat Free White & Chocolate Milk

All Cereal is served w/ grain choice

aramar