



# Central Elementary Lunch Menu

## March 2019

				<p><b>1</b></p> <p><b>Fried Rice W/Egg Roll</b>  <i>Cheese Pizza</i>            Fruit Plate</p> <p>Steamed Spinach            Mandarin Oranges</p>
<p><b>4</b></p> <p><b>No School</b></p> <p><b>Casimir Pulaski Day!</b></p>	<p><b>5</b></p> <p><b>Popcorn Chicken Bowl</b>  <i>BBQ Pork Rib let Sandwich</i>            Turkey &amp; Cheese Sandwich            Mixed Vegetables            Diced Pears</p>	<p><b>6</b></p> <p><b>Beef Ravioli</b>  <i>Fish Sticks W/Mac &amp; Cheese</i>            Ham &amp; Turkey Chef Salad</p> <p>Glazed Carrots            Diced Peaches</p>	<p><b>7</b></p> <p><b>Chicken Patty Sandwich</b>  <i>Corn Dog</i>            Turkey Chef Salad</p> <p>Pinto Beans            Apple Slices</p>	<p><b>8</b></p> <p><b>Cajun Chili Fries</b>  <i>Cheese Pizza</i>            Fruit Plate</p> <p>Steamed Broccoli            Mandarin Oranges</p>
<p><b>11</b></p> <p><b>Meatloaf W/Gravy</b>  <i>Chicken Patty Sandwich</i>            Egg Chef Salad</p> <p>Corn            Mixed Fruit</p>	<p><b>12</b></p> <p><b>Nacho Cheese Walking Taco</b>  <i>Cheeseburger</i>            Turkey &amp; Cheese Sandwich            Mixed Vegetables            Diced Pears            Cookie</p>	<p><b>13</b></p> <p><b>Orange Chicken w/ Broccoli</b>  <i>Bosco Sticks</i>  <i>W/Marinara Sauce</i>            Buffalo Chicken Salad</p> <p>Sweet Potato Tater Tots            Diced Peaches</p>	<p><b>14</b></p> <p><b>Chicken &amp; Bean Soft Taco</b>  <i>Hot Dog w/ Bun</i>            Ham &amp; Cheese Sandwich</p> <p>Black Chipotle Beans            Applesauce</p>	<p><b>15</b></p> <p><b>Grilled Cheese W/Tomato Soup</b>  <i>Cheese Pizza</i>            Fruit Plate</p> <p>Steamed Broccoli            Mandarin Oranges</p>
<p><b>18</b></p> <p><b>Chicken Nuggets</b>  <i>BBQ Pork Rib Sandwich</i>            Diced Chicken Salad</p> <p>Mashed Potatoes            Mixed Fruit</p>	<p><b>19</b></p> <p><b>Beef Tacos</b>  <i>Chicken Tenders w/ Breadstick</i>            Turkey &amp; Cheese Sandwich</p> <p>Refried Beans            Diced Pears</p>	<p><b>20</b></p> <p><b>Country Chicken Bowl</b>  <i>Corn Dog</i>            Turkey &amp; Ham Chef Salad            Carrots            Diced Peaches</p> <p><b>Happy Birthday Treat</b>  <b>Early Release Day!!</b></p>	<p><b>21</b></p> <p><b>French Toast Sticks W/Sausage</b>  <i>Grilled Ham &amp; Cheese</i>            Turkey &amp; Cheese Sandwich</p> <p>Steamed Peas            Apple Slices</p>	<p><b>22</b></p> <p><b>Chicken Alfredo Rotini W/Sauce</b>            Fruit Plate</p> <p>Side Salad            Mandarin Oranges</p>
<p><b>25</b></p> <p><b>Salisbury Steak W/Noodles</b>  <i>Chicken Patty Sandwich</i>            Egg Chef Salad</p> <p>Tater Tots            Mixed Fruit</p>	<p><b>26</b></p> <p><b>Sweet &amp; Sour Chicken w/ Broccoli</b>  <i>Cheeseburger</i>            Turkey &amp; Cheese Sandwich            Mixed Vegetables            Diced Pears            Cookie</p>	<p><b>27</b></p> <p><b>Chicken Soft Tacos</b>  <i>Chicken Bacon Pasta</i>            Buffalo Chicken Salad</p> <p>Sweet Potatoes            Diced Peaches</p>	<p><b>28</b></p> <p><b>Fish Sticks W/Mac &amp; Cheese</b>  <i>Hot Dog w/Bun</i>            Ham &amp; Cheese Sandwich</p> <p>Baked Beans            Applesauce</p>	<p><b>29</b></p> <p><b>Grilled Cheese W/Tomato Soup</b>  <i>Cheese Pizza</i>            Fruit Plate</p> <p>Steamed Broccoli            Mandarin Oranges</p>

**FUN FACTS:**  
 Character Trait for the Month of March: **Patience**

**Early Release Day - March 20th**

**Student Lunch Price: \$2.30**

**Daily Offerings**  
 Peanut Butter and Jelly  
 100% Fruit Juice  
 Fresh Fruit & Vegetables  
 Fat Free White & Chocolate Milk

**All Salads are served w/ a grain option**

