

## **Central Elementary Lunch Menu**

November 2018







1 **General Tso** Chicken W/Veggies Grilled Ham & Cheese Turkey & Cheese

> **Baked Beans Applesauce**

Sandwich

Chicken Alfredo Pepperoni Pizza Ham & Cheese Sandwich

> Side Salad Mixed Fruit

## Salisbury Steak & Gravy

Chicken Patty Sandwich Egg Chef Salad

> Tater Bites Mixed Fruit

Sweet & Sour Chicken w/ Broccoli

Cheeseburger Turkey & Cheese Sandwich Roasted Mixed Vegetables **Diced Pears** Cookie

Chicken Soft Tacos

Hot Dog w/ Bun Buffalo Chicken Salad

Sweet Potato Fries **Diced Peaches** 

Potato Crunch Fish Fillet

Grilled Cheese W/Tomato Soup Ham & Cheese Sandwich

> **Baked Beans Applesauce**

Chicken Bacon Pasta

> Cheese Pizza Fruit Plate

Steamed Broccoli Mandarin Oranges

12

No School

Veteran's Day

13

Chicken Parmesan

Grilled Cheese W/Tomato Soup Turkey & Cheese Sandwich Green Beans **Diced Pears** Cookie

14

Pancakes W/Sausage

Chicken Nuggets w/Roll Buffalo Chicken Salad

> Glazed Carrots **Diced Peaches**

Happy Birthday Treat!!

15

Roasted Turkey

Chicken Patty Sandwich Ham & Cheese Sandwich

> Dressing Mashed Potatoes **Applesauce**

16

Egg Roll w/ Fried Rice

> Cheese Pizza Fruit Plate

Steamed Spinach Mandarin Oranges

19

Fish Nuggets

Spicy Chicken Sandwich Diced Chicken Chef Salad

> French Fries Mixed Fruit

20

**Country Popcorn** Chicken Bowl

BBQ Rib Sandwich Turkey & Cheese Sandwich Roasted Cauliflower **Diced Pears** Cookie

21

No School

**Thanksgiving** Break!!

22

No School

**Thanksgiving** Day!!

23

No School

**Thanksgiving** Break!!

26

**Southwest Meatloaf** Chicken Patty Sandwich

Egg Chef Salad

Golden Corn Mixed Fruit

27

**Grilled Cheese** W/Tomato Soup

Cheeseburger Turkey & Cheese Sandwich Mixed Vegetables Diced Pears Cookie

Orange Chicken w/ **Broccoli** 

Bosco Sticks W/Marinara Sauce Buffalo Chicken Salad

**Sweet Potato Tater Tots Diced Peaches** 

Chicken & Bean Soft Taco

Hot Dog w/ Bun Ham & Cheese Sandwich

Black Chipotle Beans **Applesauce** 

**Nacho Cheese Walking Taco** 

Cheese Pizza Fruit Plate

Steamed Broccoli Mandarin Oranges

**FUN FACTS:** 

Character Trait for the Month of November: Cooperate

Have a safe but fun Thanksgiving!!

Student Lunch Price: \$2.30

**Daily Offerings** 

Peanut Butter and Jelly 100% Fruit Juice Fresh Fruit & Vegetables

Fat Free White & Chocolate Milk

All Salads are served w/ a grain option

